

Grandmaster Sin Thé and the Shaolin-Do Association proudly present

Hsing I Bear Seminar

Online Seminar via Zoom

Sunday, June 26th

11:00 AM - 1:00 PM PDT

The Zoom link will be emailed to everyone a day or two before the seminar.

For his annual summer seminar, Grandmaster Sin Thé has decided to teach the *Hsing I Bear* form. This form has two sections and twenty-four postures. It has very fluid movements for Hsing I and even has several circular Pa Ku style steps in it. Furthermore, the bear style will teach you to develop powerful hua ching striking by shaking your shoulders first. Grandmaster Sin says that it is more fluid and graceful than previous Pa Kua forms and yet more deadly than Hsing I!

There will be a virtual event via Zoom on Sunday, June 26th. For those who attend the Zoom seminar and preorder a video, you will be emailed a link to download the video to your computer.

Please fill out the registration form and hand it in to Master Sarah with payment (Cash/Venmo/Check). If paying by check, please make your check payable to "Sarah Yoffe".

*Lifetime memberships must have been purchased directly from Grandmaster Sin Thé to count for free admission. Sorry, no refunds! The SDA reserves the right to refuse admittance to anyone for any reason.

Registration for Hsing I Bear Seminar

** For early registration, we must receive this form on or before Saturday, June 18th **

Name : _____

Rank : _____

Address : _____

Phone # : _____

Email : _____

Instructor : _____

Please circle one option in each row below.	Early Registration	Late Registration	Lifetime Member*
Registration	\$85	\$95	FREE
Video	Physical DVD \$39.95	Digital Download \$39.95	No Video
TOTAL	\$		
Which seminar will you be attending?		Online (Zoom)	
