Grandmaster Sin Thé and the Shaolin-Do Association proudly present

2nd Road of Praying Mantis Tai Chi Seminar

Online Seminar via Zoom

Sunday, December 10th

11:00AM - 3:00 PM PST

The Zoom link will be emailed to everyone a day or two before the seminar.

Recently, Grandmaster Sin Thé has taught a number of animal-style Tai Chi forms, including the **1st Road of Praying Mantis Tai Chi** in March of 2023. And now he will continue that trend by teaching the **2nd Road of Praying Mantis Tai Chi** form. The form is from the Sichuan Er Mei system and is five sections and fifty two postures long. Grandmaster Sin says that he will be teaching applications along with the movements.

There will be a virtual event via Zoom on Sunday, December 10th. For those who attend the Zoom seminar and pre-order a video, you will be emailed a link to download the video to your computer.

Grandmaster Sin has asked lifetime members who both have the means and are willing, to make a voluntary donation as part of their registration form.

Please fill out the registration form and hand it in to the Master Sarah. Please make payments directly to Master Sarah via cash, Venmo, or Check. If paying by check, please make your check payable to "Sarah Yoffe".

Registration for Praying Mantis Tai Chi

** For early registration, we must receive this form on or before Saturday, December 2nd ** Name: Rank: Address: Phone #: Email: Instructor: Master Sarah Yoffe Please circle one option in Late Early each row below. Registration Registration Registration \$85 \$100 Download Video \$39.95 TOTAL \$ Which seminar will you be Online (Zoom) attending?